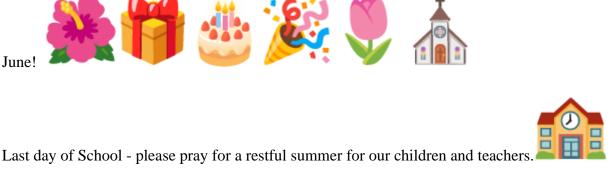
June 1, 2023

Good Morning!

Catholic Book Club

Happy Birthday and Happy Anniversary to all our parishioners celebrating important days in



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- 3:00 and 6:30

We are the Remnant: Embrace the Suffering - YouTube (skip the ads)

1. Today's Readings: Memorial of Saint Justin, Martyr | USCCB

2. The RE Corner with Jan Heithaus: St. Justin Martyr was born around 120 A.D. in Palestine into a pagan Gentile family. He studied the wisdom of Plato, Aristotle, and other great Greek thinkers and became a professional philosopher. One day, while reading philosophy by the seashore, he was noticed by an old man who took the time to strike up a conversation about philosophy and religion. The elderly gentleman was a Christian and witnessed to Justin on how Jesus fulfilled all the prophecies in the Jewish holy books.

As Justin investigated the matter, he realized that he had found the wisdom that he had been searching for all of his life. Justin then became a Christian teacher and lived for a while in Ephesus, after which he moved to Rome, the Imperial Capital. He wrote and spoke openly about Christ, addressing two "apologies" or defenses of the Christian faith to the emperor himself.

Justin became one of the most influential teachers of the 2nd century and has been regarded ever since as one of the Fathers of the Church. Though contemporary writers tell us that he wrote extensively on many topics, only his two apologies and his Dialogue with Trypo, the Jew, survive today. A rival philosopher turned Justin in to the authorities for his Christian faith, and Justin was martyred around the year 165 AD. An eyewitness account of his interrogation and martyrdom at the hands of the Roman authorities has been preserved for us and is read each year in the Church's office of Readings on June 1.

3. Quotes of the Day: These quotes are in the attached article; however, it is worth noting again that St. Justin Martyr clearly states in language that we still understand today the purpose and meaning of the Mass and the teaching of the faith just 165 years after Jesus Christ died for our sins.

~"On the day called Sunday, all who live in cities or country gather together in one place and the memoirs of the Apostles or the writings of the prophets are read...then we rise together and pray, and when our prayer has ended, bread and wine are brought...We call this food Eucharist, and no one else is permitted to partake of it, except one who believes our teaching to be true and who has received the washing for the remission of sins and for regeneration (baptism)."

~"For not as common bread and drink do we receive these; but in like manner as Jesus Christ our savior, having been made flesh by the word of God, had both flesh and blood for our salvation, likewise we have been taught that the food which is blessed by the prayer of the word, and from which our bodies by transmutation are nourished, is the flesh and blood of Jesus Christ."

St. Justin Martyr, Pray for Us! St. Joseph, Pray for Us!

Linda McCormick St. Joseph Catholic Church & School 1200 Cornelia Road Anderson, SC 29621

Phone: (864) 225-5341 Fax: (864) 225-6432

## St. Justin Martyr on the Eucharist and the Ancient Mass

Today's saint, St. Justin Martyr, laid out one of the earliest descriptions of the Mass in his First Apology, written between 153 and 155 A.D. It's great, because it offers a simplified version of Catholic theology intended for those who had no idea what a "bishop" was, or even what "Amen" meant. It's like stumbling upon a children's Sunday school class from the 2nd century.

The First Apology is great for other reasons, as well: he's able to point to specific Roman sects which mimic Catholic practices, like the followers of Mithras mimicking the Eucharist. In modern times, some skeptics have compared the worship of Christ in the Eucharist to the cult of Mithras in an attempt to disprove Christianity, as if we stole it from them. So, it's great to have Justin, writing to the Roman pagans, setting the record clear as to just who stole what from whom.

So, here's Justin on the Eucharist, first from chapter 65, Administration of the Sacraments:

But we, after we have thus washed him who has been convinced and has assented to our teaching, bring him to the place where those who are called brethren are assembled, in order that we may offer hearty prayers in common for ourselves and for the baptized [illuminated] person, and for all others in every place, that we may be counted worthy, now that we have learned the truth, by our works also to be found good citizens and keepers of the commandments, so that we may be saved with an everlasting salvation.

Having ended the prayers, we salute one another with a kiss. There is then brought to the president of the brethren bread and a cup of wine mixed with water; and he taking them, gives praise and glory to the Father of the universe, through the name of the Son and of the Holy Ghost, and offers thanks at considerable length for our being counted worthy to receive these things at His hands. And when he has concluded the prayers and thanksgivings, all the people present express their assent by saying Amen. This word Amen answers in the Hebrew language to ge'noito [so be it].

And when the president has given thanks, and all the people have expressed their assent, those who are called by us deacons give to each of those present to partake of the bread and wine mixed with water over which the thanksgiving was pronounced, and to those who are absent they carry away a portion.

It's worth noting several things in this description:

The Eucharist is only open to the baptized individual "who has been convinced and has assented to our teaching."

The Eucharist consists of bread and wine, mixed with a bit of water. This is a practice done (to my knowledge) only in the Catholic and Eastern Orthodox churches.

Also, the Eucharist is brought to the absent. This seems like a minor detail, but it invalidates the Lutheran Church's Eucharistic views, where the blessed bread and wine are incarnated in some sense with Christ during the duration of the service, and not afterwards.

All of this very much mirrors the modern Mass: Prayers of the Faithful, the Sign of Peace, the Eucharistic prayers over the bread and wine mixed with water, and the Great Amen.

However, Justin says "deacons give to each of those present to partake of the bread and wine mixed with water over which the thanksgiving was pronounced." At first, this sounds like he's denying the Real Presence. But then you get into the nitty-gritty of the Greek, where thanksgiving means Eucharist. So, he's literally saying "deacons give to each of those present to partake of the 'Eucharitized' bread and wine mixed with water."

He makes it more clear in the next chapter, which picks up immediately where that last quote left off:

"And this food is called among us Eucharistia [the Eucharist], of which no one is allowed to partake but the man who believes that the things which we teach are true, and who has been washed with the washing that is for the remission of sins, and unto regeneration, and who is so living as Christ has enjoined.

For not as common bread and common drink do we receive these; but in like manner as Jesus Christ our Savior, having been made flesh by the Word of God, had both flesh and blood for our salvation, so likewise have we been taught that the food which is blessed by the prayer of His word, and from which our blood and flesh by transmutation are nourished, is the flesh and blood of that Jesus who was made flesh." – (First Apology, 66)

So Justin is clear "that the food which is blessed by the prayer of His word [...] is the flesh and blood of that Jesus who was made flesh." The "prayer of His word" refers to the words of institution, which come from Jesus' lips at the Last Supper. So, after the words of institution, the bread and wine become the flesh and blood of "that Jesus."

The phrase "from which our blood and flesh by transmutation are nourished" is sometimes rendered, "in order to nourish and transform our flesh and blood," and the Greek here (kata metabolen) means something very similar to "metabolize." So just as with physical food, it becomes part of our bodies, through the spiritual food of the Eucharist, we become part of Christ's. We eat Him, but rather than us metabolizing Him, He "metabolizes" us.

Source: wordonfire.org