

November 4, 2022

Good Morning All,

~First Friday Adoration has been cancelled.

~Please pray for the repose of the soul of Mr. Joseph Bonacci, Parishioner and husband of Carol Bonacci. Visitation in the Narthex begins at 12:00 with the funeral service at 1:00 PM today.

~Knights of Columbus, Fish Fry Dinner and a Movie

~School is closed - Professional Development for Teachers

1. Today's Readings: [Memorial of Saint Charles Borromeo, Bishop | USCCB](#)

2. The RE Corner with Jan Heithaus: St. Charles Borromeo is one of the shining lights who came out of the Catholic Reformation. Together with St. Ignatius of Loyola and St. Philip Neri, he fought bravely for the reform of the Catholic Church and helped establish seminaries that would properly educate future priests. No age of the Catholic Church's history is without its share of confusion and corruption. Still, even in moments when disorder may seem overwhelming, individuals and movements eventually arise to propose the faith with clarity and demonstrate it in action.

St. Charles Borromeo, a central figure in the Council of Trent, is remembered today as a model of such leadership in difficult times. His sermon today is titled, "Practice what you preach". While his sermon is directed towards priests, the same concepts can be applied in our lives to live our faith following the teachings of Our Lord, Jesus Christ.

3. Quote of the Day:

"God wishes us not to rest upon anything but His infinite goodness; do not let us expect anything, hope anything, or desire anything but from Him, and let us put our trust and confidence in Him alone." *St. Charles Borromeo*

St. Charles Borromeo, Pray for Us!
St. Joseph, Pray for Us!

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From a sermon given during the last synod he attended, by Saint Charles Borromeo, Bishop



Practice what you preach

I admit that we are all weak, but if we want help, the Lord God has given us the means to find it easily. One priest may wish to lead a good, holy life, as he knows he should. He may wish to be chaste and to reflect heavenly virtues in the way he lives. Yet he does not resolve to use suitable means, such as penance, prayer, the avoidance of evil discussions and harmful and dangerous friendships. Another priest complains that as soon as he comes into church to pray the

office or to celebrate Mass, a thousand thoughts fill his mind and distract him from God. But what was he doing in the sacristy before he came out for the office or for Mass? How did he prepare? What means did he use to collect his thoughts and to remain recollected?

Would you like me to teach you how to grow from virtue to virtue and how, if you are already recollected at prayer, you can be even more attentive next time, and so give God more pleasing worship? Listen, and I will tell you. If a tiny spark of God's love already burns within you, do not expose it to the wind, for it may get blown out. Keep the stove tightly shut so that it will not lose its heat and grow cold. In other words, avoid distractions as well as you can. Stay quiet with God. Do not spend your time in useless chatter.

If teaching and preaching is your job, then study diligently and apply yourself to whatever is necessary for doing the job well. Be sure that you first preach by the way you live. If you do not, people will notice that you say one thing, but live otherwise, and your words will bring only cynical laughter and a derisive shake of the head.

Are you in charge of a parish? If so, do not neglect the parish of your own soul, do not give yourself to others so completely that you have nothing left for yourself. You have to be mindful of your people without becoming forgetful of yourself.

My brothers, you must realize that for us churchmen nothing is more necessary than meditation. We must meditate before, during and after everything we do. The prophet says: "I will pray, and then I will understand." When you administer the sacraments, meditate on what you are doing. When you celebrate Mass, reflect on the sacrifice you are offering. When you pray the office, think about the words you are saying and the Lord to whom you are speaking. When you take care of your people, meditate on how the Lord's blood that has washed them clean so that "all that you do becomes a work of love."

This is the way we can easily overcome the countless difficulties we have to face day after day, which, after all, are part of our work: in meditation we find the strength to bring Christ to birth in ourselves and in other men.

Source: liturgies.net