

Daily Parish Communication

August 7, 2022

Good Morning All,

~First Sunday Adoration following the 11:00 am Mass till 3:00 pm

~Divine Mercy Chaplet & Penitential Prayers - 3:00 pm

1. Today's Readings: [Nineteenth Sunday in Ordinary Time | USCCB](#)

2. The RE Corner with Jan Heithaus: Today is our final daily email of quotes from the Early Church on the Eucharist. So ends 4 weeks of wonderful quotes showing the Early Church's devotion and faith in the Real Presence of Our Lord in the Eucharist. Have you found one in particular to be inspirational?

3. Quote of the Day:

"I believe that if those souls that tend towards sanctity were instructed as to the conduct they ought to follow, they would be spared a good deal of trouble. I speak as much of people in the world as of others. If they could realize the merit concealed in the actions of each moment of the day: I mean in each of the daily duties of their state in life ... they would indeed be happy. If, besides, they understood that to attain the utmost height of perfection, the safest and surest way is to accept the crosses sent them by Providence at every moment, that the true philosopher's stone is submission to the will of God which changes into divine gold all their occupations, troubles, and sufferings, what consolation would be theirs! What courage would they not derive from the thought that to acquire the friendship of God, and to arrive at eternal glory, they had but to do what they were doing, but to suffer what they were suffering, and that what they wasted and counted as nothing would suffice to enable them to arrive at eminent sanctity: far more so than extraordinary states and wonderful works."

—Fr. Jean-Pierre de Caussade, *Abandonment to Divine Providence*

***St. Joseph, Pray for Us!***

--

Linda McCormick  
St. Joseph Catholic Church & School  
1200 Cornelia Road  
Anderson, SC 29621

Phone: (864) 225-5341, ext. 102

Fax: (864) 225-6432

## **EGERIA**

"Following the dismissal from the Martyrium, everyone proceeds behind the Cross, where, after a hymn is sung and a prayer is said, the bishop offers the sacrifice and everyone receives Communion. Except on this one day, throughout the year the sacrifice is never offered behind the Cross save on this day alone."

-"Diary of a Pilgrimage" Ch. 35.

Describes a Mass held in front of Mt. Sinai.

"All of the proper passage from the Book of Moses was read, the sacrifice was offered in the prescribed manner, and we received Communion."

-"Diary of a Pilgrimage" Ch. 3.

---

## **AURELIUS PRUDENTIUS CLEMENS (Alt)**

"Such is the hidden retreat where Hippolytus' body is buried. Next to an altar nearby, built for the worship of God. Table from which the sacrament all holy is given, close to the martyr it stands, set as a faithful guard."

-"Hymns for Every Day" Hymn 170.

---

## **ST. JEROME (Alt)**

"After the type had been fulfilled by the Passover celebration and He had eaten the flesh of the lamb with His Apostles, He takes bread which strengthens the heart of man, and goes on to the true Sacrament of the Passover, so that just as Melchisedech, the priest of the Most High God, in prefiguring Him, made bread and wine an offering, He too makes Himself manifest in the reality of His own Body and Blood."

-"Commentaries on the Gospel of Matthew" [4,26,26] 398 A.D.

## **APOSTOLIC CONSTITUTIONS**

"A bishop gives the blessing, he does not receive it. He imposes hands, he ordains, he offers the Sacrifice"

"Apostolic Constitutions [8, 28, 2:9]"

---

## **ST. CYRIL OF ALEXANDRIA (Alt)**

"Christ said indicating (the bread and wine): 'This is My Body,' and 'This is My Blood,' in order that you might not judge what you see to be a mere figure. The offerings, by the hidden power of God Almighty, are changed into Christ's Body and Blood, and by receiving these we come to share in the life-giving and sanctifying efficacy of Christ."

Source: St. Cyril of Alexandria, Commentary on the Gospel of Matthew 26,27, 428 A.D.:

"We have been instructed in these matters and filled with an unshakable faith, that that which seems to be bread, is not bread, though it tastes like it, but the Body of Christ, and that which seems to be wine, is not wine, though it too tastes as such, but the Blood of Christ ... draw inner strength by receiving this bread as spiritual food and your soul will rejoice."

Source: St. Cyril of Alexandria, "Catecheses," 22, 9; "Myst." 4; d. 444 A.D.:

---

## **ST. AUGUSTINE OF HIPPO (Alt)**

"You ought to know what you have received, what you are going to receive, and what you ought to receive daily. That Bread which you see on the altar, having been sanctified by the word of God, is the Body of Christ. The chalice, or rather, what is in that chalice, having been sanctified by the word of God, is the Blood of Christ."

-"Sermons", [227, 21]

"He who made you men, for your sakes was Himself made man; to ensure your adoption as many sons into an everlasting inheritance, the blood of the Only-

Begotten has been shed for you. If in your own reckoning you have held yourselves cheap because of your earthly frailty, now assess yourselves by the price paid for you; meditate, as you should, upon what you eat, what you drink, to what you answer 'Amen'".

-"Second Discourse on Psalm 32". Ch. 4. circa

"For the whole Church observes this practice which was handed down by the Fathers: that it prays for those who have died in the communion of the Body and Blood of Christ, when they are commemorated in their own place in the sacrifice itself; and the sacrifice is offered also in memory of them on their behalf.

Source: St. Augustine, Sermons 172,2, circa 400 A.D.

"The fact that our fathers of old offered sacrifices with beasts for victims, which the present-day people of God read about but do not do, is to be understood in no way but this: that those things signified the things that we do in order to draw near to God and to recommend to our neighbor the same purpose. A visible sacrifice, therefore, is the sacrament, that is to say, the sacred sign, of an invisible sacrifice... . Christ is both the Priest, offering Himself, and Himself the Victim. He willed that the sacramental sign of this should be the daily sacrifice of the Church, who, since the Church is His body and He the Head, learns to offer herself through Him.

Source: St. Augustine, The City of God, 10, 5; 10,20, c. 426:

---

### **MARCARIUS THE MAGNESIAN**

"[Christ] took the bread and the cup, each in a similar fashion, and said: 'This is My Body and this is My Blood.' Not a figure of His body nor a figure of His blood, as some persons of petrified mind are wont to rhapsodize, but in truth the Body and the Blood of Christ, seeing that His body is from the earth, and the bread and wine are likewise from the earth."

-"Apocriticus" [3,23] ca. 400 A.D.

### **ST. LEO I, THE GREAT (Alt)**

"When the Lord says: 'Unless you shall have eaten the flesh of the Son of Man and shall have drunk His blood, you shall not have life in you,' you ought to so communicate at the Sacred Table that you have no doubt whatever of the truth of the Body and the Blood of Christ. For that which is taken in the mouth is what is believed in faith; and in do those respond, 'Amen,' who argue against that which is received."

- "Sermons" [91,3] ante 461 A.D.

---

### **ST. CAESARIUS OF ARLES (Alt)**

"As often as some infirmity overtakes a man, let him who is ill receive the Body and Blood of Christ."

- "Sermons [13 (265), 3]"

---

### **ST. FULGENTIUS OF RUSPE (Alt)**

"Hold most firmly and never doubt in the least that the Only-begotten God the Word Himself become flesh offered Himself in an odor of sweetness as a Sacrifice and Victim to God on our behalf; to whom, with the Father, and the Holy Spirit, in the time of the Old Testament animals were sacrificed by the patriarchs and prophets and priests; and to whom now, I mean in the time of the New Testament, with the Father and the Holy Spirit, with whom He has one Godhead, the Holy Catholic Church does not cease in faith and love to offer throughout all the lands of the world a sacrifice of Bread and Wine ... In those former sacrifices what would be given us in the future was signified figuratively; but in this sacrifice which has now been given us, it is shown plainly. In those former sacrifices it was fore-announced that the Son of God would be killed for the impious; but in the present it is announced that He has been killed for the impious."

- "The Rule of Faith [62]"

*Source: the realpresence.org*